

LEG WARMERS

By Sue Kreitzer

Came up with this pattern because I enjoy leg warmers in cold weather.



Cream leggings (photo) knit with Open Rib stitch
Blue leggings (photo) knit with Rib Stitch



Materials:

Regular Worsted weight 4-ply yarn (I used Hobby Lobby's "I Love this yarn" in the sample)

18 or 28" knitting board

Stitch counter

¼" spacing (4 washers each end)

NOTE: Can also use ½" spacing

Knitting hook

Yarn sewing needle

NOTE: The sample leg warmers were made to fit 13-14 inches thigh and 8" ankle.

Directions:

Cast on 36 pins.

Knit in [Rib stitch](#) (or Open Rib) for 10 rows (about 2 3/4"). Change to Stockinette stitch and knit 4 rows.

5th row you will increase 1 stitch, both boards, each end.

To do increase, move pin one over one to the left (right on opposite end), then pin two to the empty pin left by pin one. Do your increase from pin 3 to now empty pin (for instructions on increasing, visit www.knittingboard.com and look under "How to basic").

Knit 4 more rows and do your second increase. (If you need a little larger size, increase one or two more times every 5th row).

Work in the Stockinette stitch until approximately 16 inches from beginning (70 rows if counting). Change to Rib stitch (or Open Rib) and work 3" or about 12 rows.

Bind off board using 2 over 1 method. Bind off at anchor yarn. With matching yarn, sew the seam using the "invisible" stitch. Make a second leg warmer. Enjoy them in cold weather.