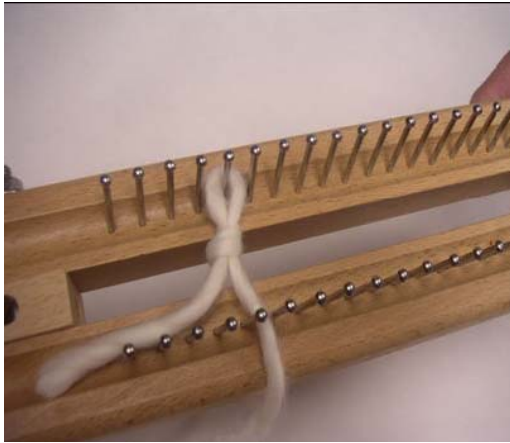


# Authentic Knitting Board

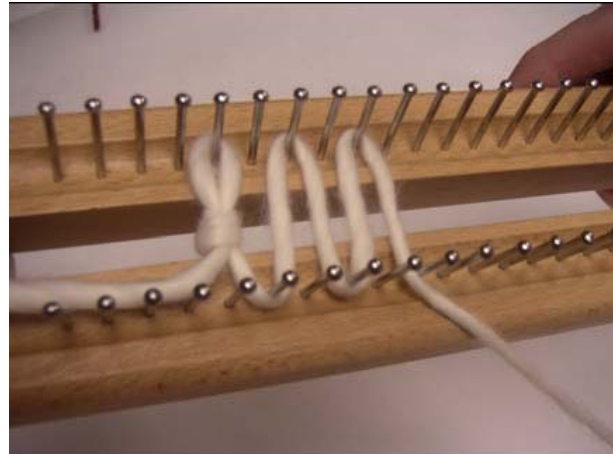
*creating in double knit*



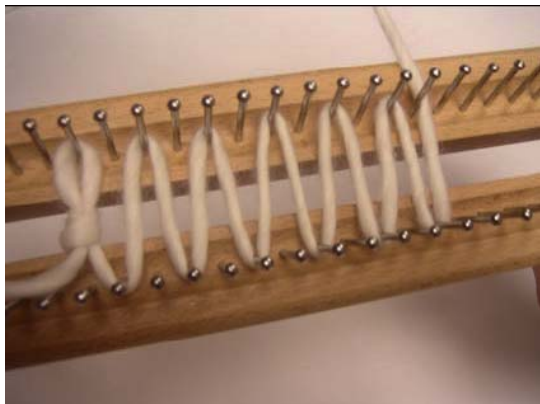
## How to Cast On



1. Cast On refers to the initial set up of the stitches on the board. From the cast on row, you can continue in any of the stitch patterns



2. Start with loop knot for the 1st stitch. Place this on first needle to be used at top board or the board farthest away from knitter.



3. Bring yarn down to 2nd needle on lower board or the board closest to knitter. You are skipping the needle directly across from the loop knot. Weave back and forth across board by weaving around every other needle until you have the desired number of needles.



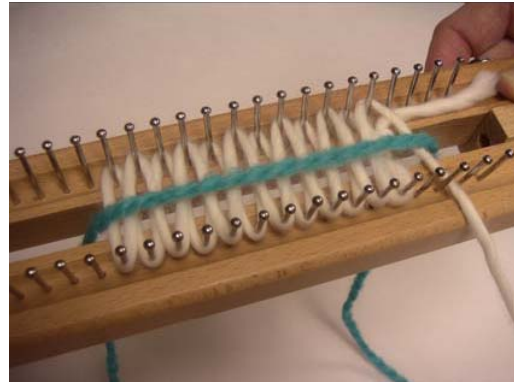
4. At end of board, bring yarn straight across to opposite board. Turn board around to be weaving back toward beginning of the row. Continue weaving every other needle, covering the needles skipped on the first pass.

# Authentic Knitting Board

*creating in double knit*



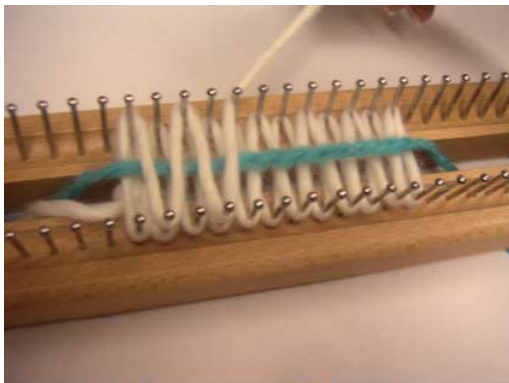
5. The last needle to be wrapped is the needle directly across from the loop knot. You now have 1 loop on all needles to be used.



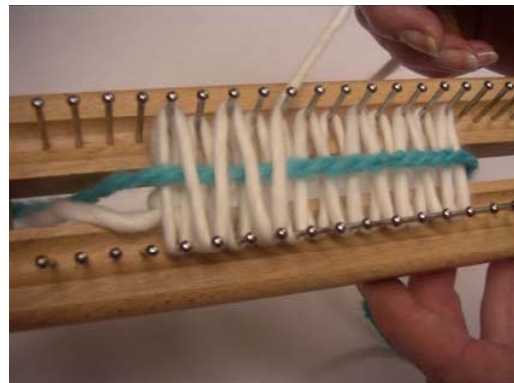
6. Lay the anchor yarn. This is a piece of yarn 3-4 X the length of the weaving. It is not connected to the knitting. Place it over the weaving with both ends dangling thru the boards. It may be tied in a knot below the boards.

Purpose is 2 reasons:

- 1-it will assist to 'pull down' the 1st few rows.
- 2-keeps cast on stitches secure until you finish the edge.



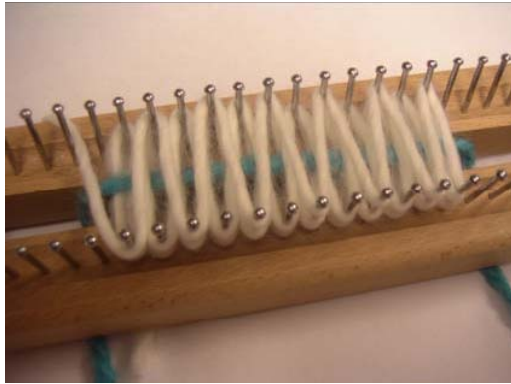
7. Weave over the anchor yarn just as you did on the first weaving, from needle 1 top board to needle 2 on lower board.



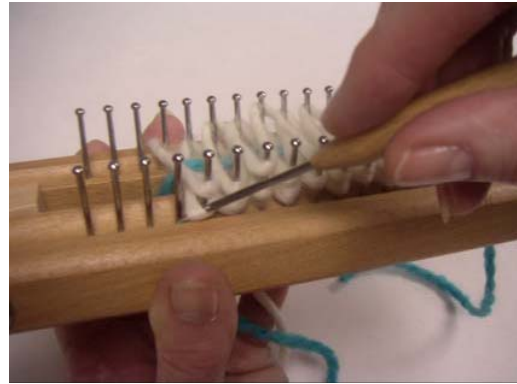
8. Continue weaving every other needle just as you did on the first weaving.

# Authentic Knitting Board

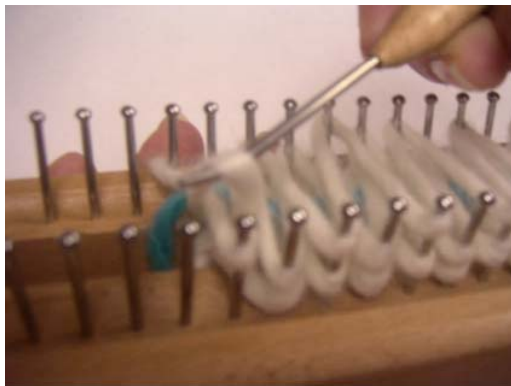
*creating in double knit*



9. Weave to end. Turn board around. Weave back to beginning covering all needles skipped on first pass. Last needle covered will be the one directly across from the first needle.



9. Hook Over:  
Starting with last needle covered, lift the lower loop over the top of the needle to secure the yarn.



9. Hook over all the needles by inserting the knit hook into the lower loop. Lift and take the lower loop over the needle and drop it off. This leaves only one loop on each needle. Pull down gently on the anchor yarn. Don't be concerned if you stitches look loose and loopy at this point. It will all smooth out after a few rows.

Your stitches are now Cast On.