



## Ribbed Cuff Socks

**This is a basic sock pattern with a ribbed top. Your sock size depends on amount of stitches cast on and length desired. Top of sock, cuff to heel, and foot of sock, heel to toe can vary depending on individual.**

**Sample Size:** 48 pegs, ball foot measurement is 8" around.

**Stitches:** Flat Stitch, Purl Stitch for cuff

**Cuff:** Ribbing is knit with 2fs, 2ps pattern (fs= flat stitch ps=purl stitch)

Ribbing options for different size adult:

52 pegs use 1fs 1ps, (ball of foot measures 9" around)

50 pegs, use 3fs 2ps pattern (ball of foot measures 8.5" around)

46 pegs, use 1fs 1ps pattern (ball of foot measures 7.5 around)

To calculate this pattern, just be sure that the total amount of pegs being used is divisible by the number of fs and ps combined. Our example: 48 pegs is divisible by 4 (2fs and 2ps).

**Yarn:** DK weight sock yarn.

## **Needed:**

- Sock Loom with at least 52 pegs
- Knit Hook
- Large Sewing Needle

To begin, Cast On 48 Stitches with E-wrap method. Beginning peg is first peg adjacent to center slider. You will work in clockwise direction. Work the e-wrap so that each peg has 2 loops. Now, hook over so that each peg has 1 loop.

## **Cuff :**

Knit in Rib Stitch with 2fs/ 2ps Pattern. Start your knitting on beginning peg. Knit your first 2 pegs with the flat stitch, the next 2 with the purl stitch. Continue this process all around the loom. Continue with this pattern until your ribbing is 2" in length.

Note: If you lay a piece of masking tape across your 4 sides of your loom, you can mark each peg that will be 'purl'. That way you don't need to keep a count.

## **Leg:**

Now continue working in the round in the flat stitch until you have 6" in length from the Cast On edge. If you want a taller sock, you can continue for additional circulars.

**Heel:** (this is explained on Sock Loom DVD)

Begin heel using "short row method".

\*Wrap pegs: when you are ready to 'wrap' a peg, this means to lift the loop off peg, lay working yarn around back of peg, bring forward so that it crosses the front of the peg going in opposite direction. Place the loop back onto the peg.

The heel will use 1/2 of pegs being worked. This is 24 pegs for this sample, or one short side of board and one long side. Start with the "beginning peg". Work pegs in clockwise direction. Do not work the final peg. Instead just \*wrap it and continue working in opposite direction. Now work the pegs until you come to the beginning peg. Do not work it, just \*wrap it and continue working in opposite direction. Work until you get to peg before the wrapped peg. Do not work this peg, just \*wrap it and continue in opposite direction. Continue doing this until 2/3 of your heel pegs are wrapped (8 pegs wrapped, 9 pegs unwrapped in

center of heel, and 8 pegs wrapped). You will know the wrapped pegs because they have 2 strands of yarn. You have completed ½ of the heel process.

You will now continue short rows in reverse until all pegs have one strand or loop. To do this, you will work the first wrapped stitch (lifting all loops), and wrap the next peg again and continue in opposite direction. When you get to the first wrapped peg at opposite end, work this peg lifting all loops. Wrap the next peg again and continue in opposite direction. Continue this process until all pegs have one loop.

Reinforce the heel: Go to the adjacent peg next to first heel peg and lift the previous loop. Place it onto the first heel peg. Go to the adjacent peg next to the last heel peg and do the same thing. When you work these pegs in next row,, be sure to lift over both loops.

The heel is complete and you are ready to continue working the foot of the sock.

### **Foot:**

Continue in the round knitting your foot. Continue until the foot measures 7”.

Note for sizing: To determine how long to knit the foot of the sock, use this formula. Measure total length of foot from tip of toe to back of heel. Subtract 2 from this number. This is how many inches to knit after completing the heel and before starting your toe. In our sample, this is 7”.

### **Toe:**

Repeat “short row method” that you used for your heel.

Note: Be sure to begin knitting with beginning peg and complete the entire process. Starting with the beginning peg will assure that the toe lines up with the heel.

Bind off your stitches. Start the bind off with the beginning stitch. Work first 2 stitches. Lift the 2<sup>nd</sup> loop over the first. Work these 2 loops together and place the resulting loop onto the empty peg. This leaves the first peg empty. Work the next needle and move it to the new first peg. Work these 2 together and place the loop onto the empty peg. You now have the first 2 pegs empty. Continue this process until all the pegs are empty and your sock is off the loom.

Once you bind off the stitches from the board, you will have the toe complete and will need to use the sewing needle with matching yarn to close up the opening.

It's time to use your large sewing needle and matching yarn to sew up the opening to close in the toe. To do this, be sure to pick up the edge stitches on each side with a basic whip stitch. Be sure to sew each stitch for a smooth flat finish.



Authentic Knitting Board Co. Copyright 2010 All rights reserved