

Double Woven Socks

Designed by Isela Phelps

Welcome my dear loom knitters! Have you ever fallen in love with yarn? You don't have to raise your hand all the way up, just raise one finger or nod. I am guilty, so guilty to the point where all the yarn in my spare bedroom downstairs has touched my heart to the point that it has jumped inside my little shopping basket and wrapped itself around me that I just had to bring it home with me. The yarn in the Double Woven Socks called my heart, it beckoned me with its rich purples, as I put it next to my cheek, it whispered in my ear "take me home, please". I fell for it right away and off through the checkout it went and made its way to my home. As I drove home, I wanted to knit something that will allow the beauty of its "paints" to show, I wanted to have little strands showing so that its beauty could be seen by the world. It needed a simple yet elegant stitch pattern and about a block away from my home, it hit me. I knew what I wanted the stitch to look like and I had an idea on how to achieve it. In the 15 minutes that it took me to get home, I had formulated a design in my head and off to work I went! May I present you, the Double Woven Socks. Warm enough to be worn during cold winter mornings or sturdy enough to be worn during hikes or to wear as "slipper socks" around the home. They have a delicate picot cuff and then the Double Woven Stitch pattern around the leg, the sole is worked solely in stockinette stitch to provide the knitter with a quick project and the wearer with a non-obtrusive stitch pattern around the foot. Enjoy!





Loom: All-n-one-Loom

Stitches: K, P

Yarn: 150-180 yards of worsted weight yarn. Cascade Yarns 220 Superwash Paints in Grape colorway (100g/220yds).

Notions: Knitting tool, tapestry needle.

Gauge: 9.5sts x 12 rows= 2 inches in stockinette

Size: Fits a foot circumference of up to 10 inches.

Abbreviations: k=knit stitch, p=purl stitch, st(s)=stitch(es), rnd=round; SKYF2=Skip two pegs with yarn towards the front of the pegs

Notes: Wrap and Turn: Lift the loop that is currently on the peg, take working yarn and e-wrap the peg. Place the loop back on the peg. Peg now has a wrap and the loop on top.

Instructions

LEG

Cast on 40 sts, join to work in the round.

Rnds 1-4:k to the end of rnd.

Rnd 5: *yo, k2tog; rep from * to the end of rnd.

Rnds 6-9: k to the end of rnd.

Rnd 10: Pick up cast on edge and place the loops back on the peg as if creating a brim. K to the end of rnd.

Rnd 11: *SKYF2, k2; rep from * to the end of rnd.

Rnd 12: k to the end of rnd.



Rnd 13: *k2, SKYF2; rep from * to the end of rnd.

Rnd 14: k to the end of rnd.

Repeat Rnds 11-14 until sock leg measures 6 inches or desired length.

HEEL

The heel is worked in short rows to create the extra fabric to accommodate the heel.

*Tip: Place stitch marker on peg 1 and peg 20.

Knit from peg 1 to peg 19. Wrap & Turn on peg 20.

Knit from peg 18 to peg 2. Wrap & Turn on peg 1.

Knit from peg 2 to peg 18. Wrap & Turn on peg 19.

Knit from peg 18 to peg 3. Wrap & Turn on peg 2.

Knit from peg 3 to peg 17. Wrap & Turn on peg 18.

Knit from peg 17 to peg 4. Wrap & Turn on peg 3.

Knit from peg 4 to peg 16. Wrap & Turn on peg 17.

Knit from peg 16 to peg 5. Wrap & Turn on peg 4.

Knit from peg 5 to peg 15. Wrap & Turn on peg 16.

Knit from peg 15 to peg 6. Wrap & Turn on peg 5.

Knit from peg 6 to peg 14. Wrap & Turn on peg 15.

Knit from peg 14 to peg 7. Wrap & Turn on peg 6.

(There will be 6 pegs at each side with wraps and 8 pegs in the center without wraps).

Knit from peg 7 to peg 15. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 16.

Knit from peg 15 to peg 6. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 5.

Knit from peg 6 to peg 16. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 17.

Knit from peg 16 to peg 5. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 4.

Knit from peg 5 to peg 17. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 18.

Knit from peg 17 to peg 4. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 3.

Knit from peg 4 to peg 18. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 19.

Knit from peg 18 to peg 3. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 2.

Knit from peg 3 to peg 19. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 20.

Knit from peg 19 to peg 2. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop). Wrap & Turn peg 1.*

Heel completed, continue with the rest of the instructions, working in the round from this point forward (Pegs 1 and 20 have wraps on them, treat the wraps and the loop on the peg as one loop).



SOLE

Next rnd: k to the end of round.

Repeat last round until sole measures 2 inches less than desired length.

TOE

Follow HEEL instructions from * to *

Knit from peg 2 to peg 20. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop).

Knit from peg 20 to peg 1. (When knitting the peg with wrap(s) on it, pick up the wrap(s) and the loop, treating them all as one loop).

Cut the yarn leaving an 18 inch tail.

CLOSING THE TOE

Place the first 20 stitches on one double pointed needle.

Place the remaining 20 stitches on another double pointed needle.

Use the kitchener stitch to graft the toe close.

Thread a tapestry needle through the tail hanging from the sock.

How to

Insert the tapestry needle into the first stitch on the front needle as if to knit and slip it off the knitting needle.

Insert the tapestry needle through the second stitch on the front needle as if to purl and leave the stitch on the knitting needle. Pull gently on the yarn remove any yarn slack.

Insert the tapestry needle into the first stitch on the back needle, as if to purl, and slip the stitch off the knitting needle.

Insert the needle into the second stitch on the back knitting needle as if to knit. Leave the stitch on the knitting needle. Pull gently on the yarn to remove any slack.

Repeat steps 1-4.

