

# Twists Cowl

The Twists Cowl uses a 4 stitch left cross cable to accentuate the softness of the yarn. Knitting with angora blend yarn provides this cowl with a halo of softness.



**Loom:** All-n-One Knitting Loom (81 pegs)

**Sizes:** M, L, X-L

**Yarn:** 240 yards worsted weight merino wool and angora. Lion Brand Collection Angora Merino, black velvet (2 skeins).

**Notions:** Knitting tool, cable needle, tapestry needle

**Abbreviations:**

sts=stitches  
k=knit stitch  
p=purl stitch  
rep=repeat

## Instructions

Set knitting loom to configuration of 81 pegs.

Crochet cast on 81 sts.

Row 1, 5, 7, 9, 13, 17, 19, and 21: \*p1, k4; rep from \*, end p1.

Row 2 and all even rows: k1, \*p1, k1; rep from to end.

Row 3 and 23: \*p1, 4-st LC, p1, k4; rep from \* end p1.

11 & 15: \*p1, k4, p1, 4-st LC; rep from \*, end p1.

Row 24: Rep Row 2.

Repeat Rows 1-24 until panel measures approx 24 inches.

Bind off loosely with basic removal method.

## FINISHING

Steam block the item prior to seaming.

Using the mattress stitch, seam the cast on edge to the bind off edge. Weave ends in.



#### **4-st LC=4 Stitch Left Cross Cable**

Completed over 4 pegs, numbered 1-4 from right to left.

Step 1: Skip pegs 1 and 2.

Step 2: knit pegs 3 and 4.

Step 3: Place stitches from pegs 3 and 4 onto a cable needle and place the cable needle towards the center of the loom.

Step 4: Knit pegs 1 and 2.

Step 5: Move the stitches from pegs 1 and 2 as follows: loop from peg 2 onto peg 4, loop from peg 1 onto peg 3.

Step 6: Place the loops waiting on the cable needle onto pegs 1 and 2 (be sure that the loop that was on peg 4 originally ends on peg 2 and loop that was on peg 3 ends on peg 2).

Cable completed.

