Purling

This is a basic stitch which is actually the back side of the Stockinette in needle knitting. Purling is essential for the knitting board because it gives the knitter the ability to create different stitch designs with the same color yarn creating a contrast of texture. If you want to purl one side of your knitting board, you can have the stockinette on one side and the purl on the other side.

The process involves the method of weaving and hooking the needles to be purled. For every stitch you want to purl, weave the yarn below the existing loop on that particular needle. (see white yarn) In other words, you are placing the new loop between the original loop and the board. You may need to use your other hand to help lift the original loop up so the new loop can lay next to the board.

The white yarn shows the new weaving between the previous row and the board.

Hooking the purl stitch:
When you are ready to hook the purl stitches, you may find it easier to use your crochet hook to hook these loops. Insert the crochet hook into both loops from top.
Catch the lower loop (new loop) and lift up thru the original loop and off the board. Let your other hand assist to push the original loop off, as well.

Now, place the new loop that is on the crochet hook, back onto the needle

All of the stockinette stitches will be hooked as usual. If you want just one side to have the purl stitch, do the lower weave to only that side of the board. If you want both sides to look alike, do the lower weave to both corresponding needles of the stitch.

Work each of the Purl stitches before completing the row.