The ZigZag Stitch is our original border stitch. It makes a beautiful cuff or border of afghan or sweater. It can also be used for the edges of scarves and hats.

This Stitch requires only a single pass down the board. Start with your yarn wrapped around the first 3 needles, front to back, consecutively.

After wrapping the 3 needles, return to needle 1 on opposite board.

Wrap all needles at this angle, back and forth over the needles, covering all.

Notice that one side of board is overlapped causing that side to have a double amount of wraps on first 3 needles.

When you get to the end, one side of board is full and the other board has 3 empty needles.

From needle 3, wrap consecutively, back to front on last 3 needles. This will cause an overlap on one side of board.
Both ends of the board have one side with an overlap due to the consecutive wrap to cover all needles.

Hook all stitches. The first row of the ZigZag will be a little different from all additional rows.

The first 3 needles on one side will have 3 wraps instead of just 2 due to the overlap. When you do these needles, be sure to leave 2 loops by lifting only the bottom loop.

On all other needles, with 2 loops, lift the bottom loop over the top of needle to leave 1 loop on all needles.
On the 2nd row of this stitch (and all others), the last 3 stitches will all have 3 loops. If you are hooking the side with the overlap, lift 1 and leave 2 loops.

If you are hooking the side (in photo) without the overlap, lift over 2 loops and leave just 1 loop on the needle.

Rule of hooking the first 3 needles for rows 2+ is this:
If it has the overlap, lift 1 and leave 2 loops on needle.

If it does not have the overlap (photo), lift 2 bottom loops and leave 1 loop on needle.

All other needles, lift 1 loop over needle and leave 1 loop on needle.